



\*Subtract \$1,000 per person from the combined rate when you join us for "Walking Through Wales" and "England & Scotland" (p. 14)



# Walking Through Wales & Cornwall

JULY 31-AUGUST 8, 2026

Explore Britain's Rugged Beauty

NEW TOUR

Discover the legendary charm of Britain's western shores on this unforgettable walking tour through Wales and Cornwall. Hike to the summit of South Wales' highest peak, explore medieval castles, and stroll dramatic coastal paths where land meets sea. With rich history and stunning scenery, this tour invites you to experience the magic of coastal Britain up close.

### DAY 1-2: WELCOME TO WALES!

After an overnight flight, arrive in London and head west towards the stunning coastline of South Wales. In Mumbles Pier, a charming Victorian-era pier offering sweeping views of Swansea Bay, a local guide joins the group for a half-day coach tour, providing insight into the region's rich maritime heritage and natural beauty. From Mumbles Pier, set out on a scenic 2.5 mi (1-hour) coastal walk to Caswell Bay Beach, where rugged cliffs and golden sands create a perfect introduction to the Welsh coastline. Travel onwards to Cardiff, checking into accommodation near Cardiff Bay. The evening concludes with a dinner as a group at the hotel. *Meals In-flight, D*

### DAY 3: HIKING PEN Y FAN/BRECON MOUNTAIN RAILWAY

This morning, head north into the Brecon Beacons National Park. A local guide leads today's adventure, starting with a rewarding 4 mi (4-hour) circular hike to the summit of Pen y Fan, the highest peak in South Wales, bringing breathtaking panoramic views from the top. After descending, the group enjoys a scenic ride on the nostalgic Brecon Mountain Railway, traveling through the heart of the national park. Returning to Cardiff in the late afternoon, the evening is free to explore the city at your leisure. *B, Packed L*

### DAY 4: JOURNEY TO CORNWALL

Leaving Wales behind, the journey continues southwest towards Cornwall, with a stop in the historic city of Exeter for lunch and free time to explore its grand cathedral, charming quayside, or independent shops. In the afternoon, travel onwards to St. Austell, a



Lizard Peninsula



picturesque base for exploring Cornwall's stunning landscapes and rich history. After checking in, a relaxing evening awaits with dinner at the hotel. **B, L, D**

### DAY 5: ST. MICHAEL'S MOUNT/THE LIZARD COASTAL WALK

A full-day local guide joins for a day of exploration, beginning with a visit to the legendary St. Michael's Mount. Depending on the tides, cross to the island on foot via the ancient causeway or by boat. Explore the medieval castle, lush gardens, and panoramic views over Mount's Bay before enjoying a packed lunch. In the afternoon, embark on a 7 mi (3-hour) walk along the Lizard Peninsula, one of Cornwall's most dramatic coastal trails, where towering cliffs and turquoise waters create an unforgettable landscape. **B, Packed L, D**

### DAY 6: TINTAGEL CASTLE/PADSTOW WALK

The day begins with a visit to Tintagel Castle, perched on Cornwall's rugged north coast. Steeped in legend and linked to the tales of King Arthur, the ruins and dramatic sea views make for an awe-inspiring experience. After a packed lunch, continue to Padstow for a scenic 5.8 mi (2.5-hour) coastal walk to Stepper Point, offering sweeping views of the Camel Estuary and Atlantic Ocean. The afternoon includes free time in Padstow to explore its charming harbor, independent shops, or famous seafood eateries. **B, Packed L, D**

### DAY 7: POLPERRO COASTAL WALK

A final day of Cornish exploration begins with a guided experience along the Polperro Coast. This 5.5 mi (2.5-hour) walk showcases the region's most picturesque fishing villages, hidden coves, and breathtaking cliff-top views. The remainder of the day is spent soaking in the relaxed coastal atmosphere before returning to the hotel for a farewell dinner. **B, Packed L, D**

### DAY 8: SALISBURY

The final leg of the journey takes the group east towards London, with a stop in Salisbury for free time and lunch at your leisure. Here, explore the historic city center, visit the stunning Salisbury Cathedral, or simply enjoy a relaxed meal before the onward transfer to the hotel near Heathrow Airport. **B, D**

### DAY 9: RETURN HOME

Return home OR join us for "England and Scotland" (p. 24). ✨



Meet your Tour Director, **Deb Robertson**, for "Walking through Wales & Cornwall"



Polperro, Cornwall



## TOUR DETAILS

9 Days • 17 Meals

Jul 31-Aug 8, 2026

Price per Person:

DB \$5,449, SG \$6,499

Depart/Return:



St. Louis  
Kansas City  
Springfield

Passport Required

Small Group

## HIGHLIGHTS

- Hike to the summit of Pen y Fan, South Wales' highest peak
- Ride the Brecon Mountain Railway for scenic views
- Explore St Michael's Mount, a tidal island with a medieval castle and views of Mount's Bay
- Walk the cliffs of the Lizard Peninsula, one of Cornwall's most dramatic and scenic coastal trails
- Visit Tintagel Castle, legendary home of King Arthur
- Stroll the coastal paths near Polperro
- Limited to 27 guests—a "Sunrise Tours Small Group" tour

## ACCOMMODATIONS

Night 1: Overnight Flight

Nights 2-3: Hotel Indigo, Cardiff, Wales

Nights 4-7: The Alverton

Truro, Cornwall, England

Night 8: London Heathrow Airport Hotel



Excellent Mobility

Required. Please take note of the planned walking distances.